



ACT 1 OF 2023

My Act 1 Checklist: Know Before You Go

Here is a list of questions to answer **BEFORE** you schedule your breast MRI, ultrasound, or genetic testing:

1 Am I at **increased risk for breast cancer?**

Risk factors include a personal history of breast cancer, family history of breast cancer, dense breast tissue, a genetic predisposition or prior radiation therapy. Talk with your provider about your risk of developing breast cancer.

2 Am I **insured under PA law / is my plan state-regulated?**

Ask your human resources representative or benefits administrator if you are insured under Pennsylvania law. That means you have a large group, small group or individual plan (such as Pennie) that is state-regulated.

Act 1 does not apply to federally regulated plans such as those provided by ERISA, Medicare or self-insured plans.

3 If yes, have I **confirmed coverage with my insurer?**

If the answer to both questions above is "yes," you are ready to schedule your breast MRI, ultrasound or genetic testing. Before you do so, we encourage patients to call their insurance company to confirm the screening or testing will be covered under Act 1. Confirm your provider is in network.

If you believe Act 1 applies to you and you are being denied coverage, please contact the Pennsylvania Insurance Department at 877-881-6388.

