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**PRESIDENT'S CORNER**

Pat Halpin-Murphy  
President and Founder



**You "Checked Yes" for a Successful Income Tax Check-Off Season**

As another tax season comes to a close, I'd like to thank all of our friends and supporters who helped us to spread the message to "Check Yes" on line 35 of the PA-40 tax form. This was a great year for the [Income Tax Check-Off for Breast and Cervical Cancer Research](#) and we couldn't have done it without your help and support!

This year we awarded three \$50,000 grants to researchers right here in Pennsylvania, held successful Income Tax Check-Off events in Philadelphia and Harrisburg, and built tremendous awareness with the help of all of you.

While the tax season may be ending, the work certainly does not stop. The PBCC will be hitting the road this July for [Home Run Derby](#) events and preparing

Dear ,



Representatives Boyd and DePasquale challenge each other to a Lancaster vs. York Home Run Derby contest

**PA STATE OFFICIALS KNOCK ONE OUT OF THE PARK**

Our PA legislators stepped up to the plate for the [2009 Home Run Derby](#) at a grand slam event at the Harrisburg Capitol! On the

roster as hosts of the event to recruit their legislative teammates to join in the fun were **Representatives Rick Taylor, Scott Boyd** (shown above left), and **Eugene DePasquale** (shown above right). A standing ovation to the state officials who offered their hand (and bat!) to this year's event.

The 2009 Home Run Derby will be sliding through these locations:

- **ALTOONA CURVE - JULY 7**
- **SCRANTON/WILKES-BARRE YANKEES - JULY 9**
- **WILLIAMSPORT CROSSCUTTERS - JULY 10**
- **HARRISBURG SENATORS - JULY 14**
- **YORK REVOLUTION - JULY 16**

for our [Annual Conference](#). I encourage you to join us for these wonderful events and continue to help spread the message of breast cancer awareness in an effort to *find a cure for breast cancer now...so our daughters won't have to.*©

### Fundraiser of the Month Country Dancing for a Cure



Sondra Ott discusses the Country Dancing for a Cure event and gives advice to future Grassroots Partners

**Sondra Ott** boot-scooted her way to a fourth successful Country Dancing for a Cure event on March 1, 2009! Attendees broke out their pink cowboy hats and boots to learn a few new steps and raise funds and awareness for the PBCC. A silent auction of donated items, a raffle for a motorcycle created by Customs for a Cure and ticket sales helped bring the grand total to over \$13,000 for the PBCC. Not to mention, a great time was had by all. A big thanks to all the event organizers. Yee haw!

[Click here or the graphic above](#) to see a brief video from Sondra Ott, event organizer.

[Click here to see photos of this event and other recent fundraisers.](#)

### [Events Calendar](#)

- **LANCASTER BARNSTORMERS - JULY 18**
- **ERIE SEAWOLVES - JULY 20**
- **WASHINGTON WILD THINGS - JULY 21**
- **LEHIGH VALLEY IRONPIGS - JULY 22**
- **STATE COLLEGE SPIKES - JULY 23**
- **READING PHILLIES - JULY 30**

We're looking for sponsors, teams and volunteers in all 11 stadiums, so grab a few friends or co-workers and head on out to the ballpark this July. [Click here for more information on how you can get involved](#) or call Heather Hibshman at 800-377-8828 x 102.



### BECOME A PBCC GRASSROOTS PARTNER IN 2009

The PBCC is proud to say that 45% of our total income in 2008 came from the generosity of community members all throughout

Pennsylvania! We call these people "Grassroots Partners". Dozens of events are held each year to benefit the PBCC and each event finds a new and creative way to raise funds and awareness for the PBCC. Whether it is holding a dress down day in your office or organizing an event in your community, we'd be happy to help! Just contact Sarah Lightman by phone at 800-377-8828 x 107 or by email at [sarah@pabreastcancer.org](mailto:sarah@pabreastcancer.org) and she'll be happy to send you information about how to get started with your own event.

**LIVESTRONG**

**April 25-26**

Northeast Rockers Jamfest Basketball Tournament

**Philadelphia**

\$25 of each team's entry fee will be donated to the PBCC. Games will be played in gym sites all across the Northeast Philadelphia area. [Click for more details.](#)

**May 2**

Grace United Methodist Church Health Fair

**Mechanicsburg**

Stop by the PBCC's info table. Various health screenings will be offered. [Click for more details.](#)

**May 2**

Reading School District Health Fair

**Reading**

Stop by the PBCC's info table. [Click for more details.](#)

**May 2**

The Hanson Brothers on Ice: They Shoot - We Score

**Annaville**

Watch the always entertaining Hanson Brothers from the movie Slap Shot play some old time hockey with two teams of local talent. Raffles, music, food, autographs...come on out for a great time! [Click for more details.](#)

**May 5**

FREE Treatment Press Conference

**Harrisburg**

You're invited to a press conference by **Senator Vincent Hughes** and the PBCC to raise awareness of the FREE treatment that is available to women diagnosed with breast cancer who are uninsured or underinsured. The event will be held in the Main Rotunda of the State Capitol at 9am. [Click for more details.](#)

**May 7 - 18**

**67 Women - 67 Counties: Facing**

**SURVIVORSHIP****NOTEBOOK**

The Lance Armstrong Foundation offers a free Survivorship Notebook to cancer patients to help organize and guide your way through cancer treatment. [Click here to order your free copy.](#) The notebook includes information about the aftereffects of cancer treatment, living with uncertainty, communicating with your health care team and more. The Survivorship Notebook is a great resource and helpful to take to doctors' appointments as it includes sections for you to add your own records, notes, pamphlets and information from your health care providers.

**SMART SHOPPING FOR PRESCRIPTION MEDICATIONS**

The price of prescription drugs varies from one pharmacy to another or from one neighborhood to another. Now Pennsylvanians can easily find the best price for their prescriptions at [Pennsylvania RX Price Finder](#). Simply enter your zip code and the name of the medicine to learn where to get the best prices in your area. **Governor Rendell** introduced this new website in his March 9th policy address. [Information on other state government resources to help residents through tough economic times is available here.](#)

**SURVIVOR STORY: JUDY SHARBAUGH**

No one in **Judy Sharbaugh's** family ever had breast cancer, so she thought it couldn't happen to her. Then, in 2001, a lump was found during her annual mammogram. Judy went through a lumpectomy, 4 chemo treatments and 6 weeks of radiation. Positive things came too, though, including unbelievable outreach from family, friends and neighbors. Judy joined a support group at Riddle Memorial



**Breast Cancer in Pennsylvania Photo Exhibit**

**Chambersburg, Franklin County**

The PBCC brings its traveling photo exhibit to Franklin County. The exhibit at the Rhonda Brake Shreiner Women's Center opens with a reception at 5:30pm on 5/7. Reception is free and open to the public. [Click for more details.](#)

**May 9**

Mother's Day Craft Show

**State College**

"Shop With Heart" as you shop for Mom this Mother's Day weekend. Over 30 local crafters, artisans, home business vendors, and farmers market sellers help raise awareness and funds for the PBCC. [Click for more details.](#)

**May 10**

Reading Phillies Breast Cancer Awareness Game

**Reading**

Spend Mother's Day with the R-Phils and the PBCC. Players will wear pink jerseys which will be auctioned off after the game. [Click for more details.](#)

[Please visit our website for a complete and detailed listing of these and other upcoming events.](#)

*Do you want to make **hope** grow? Plant a seed in your community and watch it grow statewide by planning a special event or fundraiser for the PBCC! Contact **Sarah Lightman** with your community event idea at [sarah@pabreastcancer.org](mailto:sarah@pabreastcancer.org) or (800) 377-8828 x 107.*

**Staying Active is Important During Treatment**

Hospital and found great comfort in the camaraderie of her "new sisters". Even though it's been over seven years since her diagnosis, Judy still attends support group meetings for the new members. Like many breast cancer survivors, Judy thoroughly enjoys serving on the Cancer Patient Advocacy Committee at Riddle Memorial Hospital in Delaware County and volunteering every Thursday at the cancer center.

[Click here to find a support group in your area.](#)



**THE HANSON BROTHERS ON ICE: THEY SHOOT - WE SCORE**

**The Hanson Brothers** on Ice: They Shoot - We Score event is scheduled for Saturday, May 2 at 5:00 pm at the new Klick Lewis Ice

Arena in Annville. The event features the original Hanson Brothers from the 1977 movie "Slap Shot" playing with the Red Robin Robins and the Harbour House Crabs. This will be the area's fourth Hanson Brothers appearance which has already raised over \$20,000 for the PBCC. During the game, players will use pink hockey pucks and skate laces in a pink-themed arena. Tickets are \$5 each. You won't want to miss this fun, action-packed "old time hockey" fundraiser! [Click here for more information.](#)

**ADVERTISEMENT**



According to an article in CURE Magazine, exercise and staying active during treatment helps to maintain mobility and strength as well as ease anxiety. Walking is frequently recommended as a good way to restore muscle strength during treatment. Be sure to get properly fitted sneakers as chemotherapy can cause nerve damage in the toes. Talk to your physician before starting any physical activity. Listen to your body, and know your limits, but with the warm weather upon us it's a great time to get out of the house and enjoy the fresh air.

[Click to read the full article.](#)

### Looking for a Mother's Day Gift?



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Mother's Day is right around the corner. Is your mom a breast cancer survivor or supporter? Stop by the PBCC's online Marketplace to pick up a PBCC logo shirt, tote bag or a pink ribbon pin!

[Click here to visit the store.](#)

CONTRIBUTE



Send inquiries, comments or suggestions to:

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